

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	395	Van De Gaer	Wesley	Averbode	M1	MAS+40	Boothyvision	00:18:17	16.41	03:39
1	383	Nijs	Michiel	Kortrijk-Dutssel	M1	SEN	Kapsalon Luc	00:18:17	16.41	03:39
2	412	Kennes	Pieter-Jan	Geetbets	M2	SEN	TACT IRUN	00:18:43	16.03	03:44
3	425	Camps	Tom	Veerle	M3	MAS+35	VDB	00:19:00	15.79	03:48
5	437	Huygens	Glen	Averbode	M5	MAS+35		00:19:10	15.65	03:50
6	2006	Wouters	Chriske	Diest	M6	MAS+50	MAES SQM Runnin...	00:19:27	15.42	03:53
7	2008	Peetermans	Matthias	Zoutleeuw	M7	MAS+35	Lions Against Cancer	00:19:31	15.37	03:54
8	372	De Proost	Steven	Betekom	M8	MAS+45	Loopclub Sportiva G...	00:19:33	15.35	03:54
9	436	Beelen	Tillo	Geetbets	M9	MAS+35		00:19:38	15.28	03:55
10	410	Ceusters	Nico	Messelbroek	M10	SEN	ROBA	00:20:00	15	04:00
11	413	Van Dyck	Rik	Langdorp	M11	SEN		00:20:14	14.83	04:02
12	427	Vangossum	David	Diest	M12	MAS+35		00:20:47	14.43	04:09
13	441	Van Cauwenberghe	Peter	Averbode	M13	MAS+35		00:20:50	14.4	04:10
14	429	Maes	Peter	Wolfsdonk	M14	MAS+40	Irish Pub Dubh-Linn	00:20:52	14.38	04:10
15	430	Rouffa	Jurgen	Glabbeek	M15	MAS+50		00:20:57	14.32	04:11
16	2009	Luyten	Björn	Zoutleeuw	M16	MAS+35	Lions Against Cancer	00:20:59	14.3	04:11
17	368	Celis	Lowie	Diest	M17	MIN	ROBA	00:21:02	14.26	04:12
18	406	De Meyer	Pieter	Kersbeek-Misk...	M18	MAS+40	DCLA halen	00:21:04	14.24	04:12
19	442	Rijnders	Kasper	Ramsel	M19	CAD	ROBA	00:21:06	14.22	04:13
20	371	Cuyvers	Jonas	Tessengerlo	M20	SCH		00:21:08	14.2	04:13
21	403	Vanstechelman	Kato	Langdorp	V1	CAD	ROBA	00:21:23	14.03	04:16
22	432	Vinck	Samuel	Landen	M21	JUN		00:21:36	13.89	04:19
23	2005	Rouffa	Peter	Kortesseem	M22	MAS+45		00:21:41	13.84	04:20
24	2011	Van Os	Danièle	Holsbeek	V2	MAS+35	Sportiva Gelorde	00:21:46	13.78	04:21
25	426	Sonck	Ruth	Tienen	V3	MAS+35	ruth.sonck@gmail.c...	00:22:00	13.64	04:24
26	423	Geurts	Joris	Lanaken	M23	MAS+35		00:22:27	13.36	04:29
27	384	Nulens	Jana	Diest	V4	CAD	ROBA	00:22:59	13.05	04:35
28	419	Verherstraeten	Nick	Averbode	M24	MAS+35		00:23:04	13.01	04:36
29	2003	Sevenants	Patrick	Halen	M25	MAS+55	Kapsalon Luc	00:23:15	12.9	04:39
30	417	Degens	Saskia	Tessengerlo	V5	SEN	Looise AV	00:23:47	12.61	04:45
31	435	Doms	Stijn	Geetbets	M26	SEN		00:23:58	12.52	04:47
32	418	Van den Broeck	Dorien	Begijnendijk	V6	MAS+35		00:24:04	12.47	04:48
33	409	De Vries	Rita	Schriek	V7	MAS+65	ROBA	00:24:21	12.32	04:52
34	433	Declerck	Katie	Tielt-Winge	V8	MAS+45	Streetrunners	00:24:37	12.19	04:55
35	386	Perdieus	Johan	Langdorp	M27	MAS+50		00:24:39	12.17	04:55
36	2010	Vermaelen	Wendy	Holsbeek	V9	MAS+40	Kapsalon Luc	00:25:28	11.78	05:05
37	402	Vanstechelman	Jürgen	Langdorp	M28	MAS+40	ROBA	00:25:30	11.76	05:06
38	415	Van Herck	Joeri	Schaffen	M29	MAS+35		00:25:31	11.76	05:06
39	388	Smeyers	Mats	Schaffen	M30	MIN		00:25:40	11.69	05:08
40	385	Op de Beeck	Werner	Ramsel	M31	MAS+45	Sportiva Gelrode	00:26:07	11.49	05:13
41	424	Verheyden	Gunther	Bekkevoort	M32	MAS+45		00:26:09	11.47	05:13
42	367	Celis	Koen	Diest	M33	MAS+35		00:26:27	11.34	05:17
43	2002	Cambré	Sandra	Herentals	V10	MAS+50	Coyote Sports Team	00:26:33	11.3	05:18
44	378	Janssen	Liv	Diest	V11	MIN	ROBA Diest	00:26:44	11.22	05:20
45	407	De Meyer	Lena	Kersbeek-Misk...	V12	MIN	DCLA Halen	00:26:49	11.19	05:21
46	408	Dasque	Roos	Kersbeek-Misk...	V13	MAS+35	DCLA-Halen	00:27:07	11.06	05:25
47	400	Vangramberen	Mark	Tielt-Winge	M34	MAS+40		00:27:44	10.82	05:32
48	377	Janssen	Finne	Diest	V14	PUP	ROBA Diest	00:27:47	10.8	05:33
49	370	Cespedes	Ann	Diest	V15	MAS+40		00:27:51	10.77	05:34
50	421	Bergen	Nicole	Messelbroek	V16	MAS+55	Kapsalon Luc	00:27:55	10.75	05:35

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51	381	Mutert	Kristof	Diest	M35	MAS+40		00:27:57	10.73	05:35
52	382	Mys	Nele	Holsbeek	V17	SEN		00:28:21	10.58	05:40
53	390	Strauven	Katrien	Diest	V18	SEN	Bodystyling Diest	00:28:22	10.58	05:40
54	394	Van Dael	Maarten	Tielt-Winge	M36	MAS+35		00:28:25	10.56	05:41
55	397	Van Gelder	Inneke	Diest	V19	MAS+35	Bodystyling Diest	00:29:06	10.31	05:49
56	431	Cops	Bloeme	Averbode	V20	JUN		00:29:21	10.22	05:52
57	438	Sijmens	Staf	Tielt-Winge	M37	MIN		00:29:22	10.22	05:52
58	369	Celis	Veronique	Diest	V21	MAS+35		00:29:26	10.19	05:53
59	439	Sijmens	Davy	Tielt-Winge	M38	MAS+40	BBB cycling	00:29:27	10.19	05:53
60	376	Hofman	Lore	Lummen	V22	CAD		00:29:34	10.15	05:54
61	405	Wittevrouw	Maya	Diest	V23	CAD	ROBA Diest	00:29:36	10.14	05:55
62	396	Van Emelen	Lisa	Diest	V24	CAD	ROBA	00:29:37	10.13	05:55
63	399	Van Put	Martha	Diest	V25	MIN	ROBA Diest	00:29:57	10.02	05:59
64	364	Beckers	Ilke	Diest	V26	MAS+40	ROBA	00:29:58	10.01	05:59
65	375	Feytullah	Sahin	Diest	M39	SCH		00:30:58	9.69	06:11
66	379	Janssens	Louis	Zichem	M40	MIN	ROBA	00:31:02	9.67	06:12
67	393	Van Bragt	Sara	Zichem	V27	MAS+40	ROBA	00:31:09	9.63	06:13
68	401	Vangrieken	Els	Diest	V28	MAS+40	Bodystyling Diest	00:31:54	9.4	06:22
69	398	Van Oosterwijck	Bryan	Zichem	M41	SCH		00:31:57	9.39	06:23
70	411	De Leuze	Vicky	Schaffen	V29	MAS+40		00:32:01	9.37	06:24
71	389	Smeyers	Steven	Schaffen	M42	MAS+50		00:32:11	9.32	06:26
72	414	Van Belleghem	Sara	Schaffen	V30	MAS+40	ROBA	00:32:16	9.3	06:27
73	420	Verherstraeten	Raf	Herselt	M43	MAS+55		00:32:30	9.23	06:30
74	434	Tuurlings	Jean	Scherpenheuvel	M44	MAS+60		00:33:45	8.89	06:45
75	422	Gijsemans	Michel	Heist op den B...	M45	MAS+60	De Dorpspomp	00:33:47	8.88	06:45
76	416	Roelants	Myriam	Wezemaal	V31	MAS+60	The Spartan	00:33:48	8.88	06:45
77	380	Kennes	Ilse	Scherpenheuvel	V32	MAS+35	Bodystyling Diest	00:35:40	8.41	07:08
78	365	Bernar	Lore	Messelbroek	V33	MAS+40		00:39:13	7.65	07:50
79	387	Sberna	Ilaria		V34	SCH	Bodystyling Diest	00:39:24	7.61	07:52
80	404	Viaene	Angelina	Schaffen	V35	MAS+40	Bodystyling Diest	00:39:33	7.59	07:54
81	440	Willems	Isabel	Diest	V36	MAS+45		00:41:06	7.3	08:13
82	373	Dreessen	Mirèse	Diest	V37	MAS+55	ROBA	00:41:29	7.23	08:17
83	428	Pelgrims	Nele	Aarschot	V38	MAS+35		00:42:50	7	08:34
84	391	Swevers	Evy		V39	MAS+40	Bodystyling Diest	00:43:30	6.9	08:42