

**WEDSTRIJDSHEMA 2018**

<b>START</b>	<b>CATEGORIE</b>		<b>AFSTAND</b>	<b>PRIJSUITR.</b>
11u40	G_atleten	D/H	800 m	onmiddel.
11u50	Kangoeroes	DAMES	400 m	onmiddel.
11u55	Kangoeroes	HEREN	400 m	onmiddel.
12u00	BEN 1st J	DAMES	800 m	12U45
12u05	BEN 2de J	DAMES	800 m	12U50
12u10	BEN 1st J	HEREN	800 m	12u55
12u15	BEN 2de J	HEREN	800 m	13u00
12U20	PUP 1st J	DAMES	1000 m	13u05
12u26	PUP 2de J	DAMES	1000 m	13u10
12u32	PUP 1st J	HEREN	1000 m	13u15
12u38	PUP 2de J	HEREN	1000 m	13u20
12u44	MIN 1st J	DAMES	1500 m	13u25
12u51	MIN 2de J	DAMES	1500 m	13u35
12u58	MIN 1st J	HEREN	1500 m	13u40
13u05	MIN 2de J	HEREN	1500 m	13u45
13u12	CAD	DAMES	2500 m	14u05
13u27	CAD	HEREN	3000 m	14u10
13u43	SCHOL	DAMES	3000 m	14u25
13u58	SCHOL	HEREN	4500 m	14u40
14u22	JUN	DAMES	4500 m	15u00
14u22	SEN	DAMES	4500 m	15u10
14u22	MAS	DAMES	4500 m	15u25
14u46	MAS 50 +	HEREN	4500 m	15u35
15u08	JUN	HEREN	6000 m	16u05
15u08	MAS	HEREN	6000 m	16u20
15u38	SEN	HEREN	9000 m	16u50